

THE DANCE REFINERY

Celebrating 51 Years of Excellence!

www.thedancerefinery.com

317-881-1905

thedancerefineryin@gmail.com

8335 Shelby Street, Indianapolis IN 46227



2026-2027

FALL / WINTER / SPRING Schedule Packet & Attire Information



@tdrdance



The Dance Refinery -
Indianapolis, IN



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Contact Us:

The Dance Refinery

www.thedancerefinery.com

thedancerefineryin@gmail.com

317 - 881 - 1905

8335 Shelby Street

Indianapolis, IN 46227

The Dance Depot

317 - 882 - 3285

Located inside the lobby of TDR



Thank you for inquiring about our 2026-2027 Fall/Winter/Spring session. We are excited to have you join us for our 51st Season! This season will begin August 17, 2026 and runs through June 11, 2027 (tentative weekend for our Annual Recital)

REGISTRATION:

We offer a wide range of classes and programs. Students can enroll in Dance, Gymnastics, Tumbling, Gladiators, Triple Threat and more!
Registration for classes is done with the help of our TDR Staff by appointment only. Please use the QR codes below to schedule your appointment today!

Current Students: Students who were enrolled in the Summer 2026 Session

Priority registration link for Summer 2026 families only was emailed to eligible families to register during this current student enrollment time. Please contact the office (317-881-1905) if you did not receive the Sign Up Genius Link

Registration Dates for Current Students: July 27th - July 31st

Returning Students: Students who were enrolled in the Fall 2025-2026 Session (through the Recital in June)

RETURNING



Registration Dates for Returning Students: August 3rd - August 5th

Open Enrollment:

OPEN ENROLLMENT



Open Enrollment: August 6th - August 12th

Starting August 17, 2026 - Open enrollment for dance classes through Jan 30th, Gym/Gladiator classes & Boys Hip Hop through Apr 30th. **To be in the June 2027 recital, you must register by Dec 1st at 9:00 p.m during regular Office Hours.** Please Inquire with our office staff about class availability. Office hours are Mon–Thurs 4–9 p.m., Fri 4–7 p.m., and Sat 9 a.m.–3 p.m. No appointment needed after Aug 17th.

****Students registering for Tumbling / Gymnastics:** Ages 4 (no experience) & under - No Evaluation is needed. Age 4 (with experience) and ages 5 & up - An evaluation is required before registering. Staff will be available during all above mentioned registration dates. Starting Aug 17th, evaluations are available Monday through Thursday 7:30 p.m. - 9:00 p.m.

Experienced new or transferring students should contact the front office for advanced class placement or performing group opportunities. Performing group auditions are held during summer, and students must be enrolled in summer classes to be eligible. For questions, email thedancerefineryin@gmail.com.

***Registration link available on our website**

TUITION SCHEDULE AND PAYMENT INFORMATION:

REGISTRATION FEE: **\$35.00 per person or \$50.00 per family** is due at the time of registration

****Please note - a FAMILY (for the purposes of reg. fees / package discounts) applies to siblings / students living under the same roof.**

Tuition Schedule:

Tuition is due at your 1st lesson of each month. A late fee of 10% will be added to any unpaid account on the 11th of each month. Exception for August, 1/2 August tuition is due Aug 17th-22nd. The 10% late fee will be assessed to any unpaid accounts on Aug 23rd.

Monthly Tuition Fees:

30 min class: \$55.00 / 45 min class: \$66.00 / 60 min class: \$70.00 / 90 minute class: \$87.00

TDR Discount Offers:

The TDR Staff will help to determine the best package option, based on the classes you want to take (discounts can not be combined)

Choose any 2 (30-min) dance/tumbling classes for ages 15 months–9 yrs: \$74/month

Choose any 3 (30-min) classes for ages 15 months–9 yrs: \$102/month

Choose any 3 (45-min) classes for ages 7 & up: \$132/month

Students taking 3 or more individual classes get 50% off the 3rd and each additional class. Package deals are already discounted and count as one class toward this offer.

Families (siblings / students living under the same roof) with 3 or more children registered will receive 1/2 off the 3rd and each additional child. This will apply to the child with the lowest regular tuition total.

All TDR Families will receive a 10% discount card for The Dance Depot. Cards are valid during the current session in which you are registered and will expire if you withdraw from class in the middle of a session.

Discounts are available for families paying for the entire session in full at the time of registration. Inquire in the office for more information.

****Additional Combo class options are available for students taking 2 or more tumbling classes (1 hour or more per class) - please speak to the office staff for more information about any possible multi class discount options that might work for you.**

Payment Methods:

Credit / Debit Card: In person or via Phone (317-881-1905) - a 3% convenience fee will be charged

Cash: In person - the office staff must write a cash receipt for all cash payments

Check made payable to The Dance Refinery: In person or by mail sent to TDR (mail must be postmarked by the 10th to avoid the late fee) including checks coming from your bank's automatic bill pay system

Electronically via PayPal (with a debit or credit card) - Sign up to receive PayPal invoices by initialling on the back of your registration form/payment agreement at registration. You must pay through our invoice system. Please do not send payments directly to our PayPal account without an invoice.

***** Please note - We do not offer any type of auto deduction payments and do not keep your bank account information on file. *****

ALL Payments made in person or via the phone must be made during regular office hours:

Monday through Thursday 4:00 - 9:00 p.m. / Friday 4:00 - 7:00 p.m. / Saturday 9:00 a.m. - 3:00 p.m.

These office hours apply August 17th - June 11 and are subject to adjustment as needed (we will send an email / post notice if anything changes)

The Dance Refinery Class Attire and Shoe Requirements:

APPROPRIATE SHOES and ATTIRE MUST BE WORN TO CLASS!

Any student who is not properly dressed for class will be given a copy of the dress code and asked to obtain the proper attire before the next class. In the case of young students, notice will be given to the parent/guardian.

- * STREET CLOTHES MAY NOT BE WORN for CLASS!
- * Please note that all dance and gymnastic shoes MUST be from a dance manufacturer.
- * To increase the life of your shoes, NEVER wear dance shoes outside.
- * HAIR for ALL students taking class should be pulled back out of the face and secured in a ponytail, unless otherwise noted.
- * No underwear should be worn under tights & leotard during class, except: Boys, Tumble Buddies and Creative Movement.
- * No Jewelry (Necklaces, large earrings, etc.) Small Earring studs are acceptable
- * Everyday or oversized t-shirts and tank tops are inappropriate attire for ANY class at TDR. For the only exception to this, please see Hip Hop.
- * One-piece leotards must be worn in the the Gym at all times. No 2-piece outfits allowed in gym classes. (This is a USAG rule and we are a USAG certified gym)
- * Please check your child's attire and shoes from time to time to make sure it fits properly.
- * No gum or cell phones in class.
- * Students are not allowed to bring food or drinks (other than water) in to the dance studios / gym.

CREATIVE MOVEMENT:

Underwear over diapers are allowed in this class

Shoes: Leather Black Jazz Shoes with elastic sewn on

Girls: Leotard **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

TAP:

Girls: Class age 3-4 / 5-6 / 7-9: Capezio Shuffle Tap - Black Patent Leather Tap Shoe (Style #356)

Pre-Teen / Teen Tap ONLY : Black Slip On Tap Shoes

Leotard OR 2-piece dance attire (2 piece MUST be dance pants or shorts w/ a dance top) **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

Black tie oxford tap shoes

JAZZ / SKILLS & DRILLS / DANCE TEAM PREP

Shoes: Class age 3-4 / 5-6 / 7-9: Leather black jazz shoes with elastic sewn on

Pre-Teen / Teen Jazz / Skills & Drills / Dance Team Prep: Black Bloch Pulse Jazz Shoe

Girls: Leotard OR 2-piece dance outfit (2 piece MUST be dance pants or shorts w/ a dance top) **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

BALLET:

Girls:

Pink leather ballet shoes with 1 elastic strap sewn on straight across - see the office staff or your ballet instructor if you have questions about how to sew the straps.

Leotard or unitard (any color) **with tights**

All hair MUST be pulled back off of face and secured in a ponytail. **Buns are preferred for all but required for ages 10 & up.**

Boys: Fitted t-shirt with fitted shorts or athletic pants.

Black leather ballet shoes with elastic sewn on - white socks

The Dance Refinery Class Attire and Shoe Required Continued

HIP HOP:

Shoes: Any clean tennis shoe with a white sole. **Please do not wear tennis shoes that have been worn outside.** If you were in the 2026 Recital, you are encouraged to wear your performance shoes for class. **Shoes worn should be for this class only to help preserve the life of our dance floors.** **PLEASE NOTE - students participating in the Recital will be asked to purchase a pair of performance tennis shoes. More information will be handed out during Costume Week in January. No Jazz shoes should be worn for Hip Hop Class.

Girls: Tank Top, T-shirt, Hoodie w/ crop top or leotard underneath and shorts, leggings, joggers or sweats

Boys: T-shirt or Tank Top must be worn with a Hoodie (optional) and shorts, joggers or sweats

TRIPLE THREAT:

Girls: Bloch TAN Pulse jazz shoe **PLEASE NOTE - students participating in the Triple Threat (10 & up) Competition class may be asked to purchase different performance shoes (this will be decided in January once costumes are selected).

Leotard OR 2 piece dance outfit (2-piece MUST be dance pants or shorts w/ a dance top) **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

Bloch BLACK Pulse jazz shoe

CONTEMPORARY/LYRICAL:

Shoes: Bloch TAN Pulse jazz shoe

Girls: Leotard OR 2-piece dance outfit (2-piece MUST be dance pants or shorts w/ a dance top) **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

GYMNASTICS (TUMBLING), TUMBLE BUDDIES, GLADIATORS, TUMBLE FOR CHEER & ACRO FOR DANCE TEAM:

Girls: Leotard or unitard (any color). May wear shorts over leotard, **NO 2-piece outfits (bra tops and bootie shorts) or t-shirts are allowed in gymnastics classes.** NO JEWELRY! This is a USAG rule and as a USAG certified gym, we all must follow.

All hair MUST be pulled back off of face and secured in a ponytail.

Any clean tennis shoe with a white sole are allowed to be worn for Tumble For Cheer classes ONLY.

Boys: Fitted t-shirt **tucked in** to fitted shorts

Gymnasts / Gladiators are allowed to take class barefoot in the gym, however please remember to wear footies or shoes when not in the gym or taking class. Also, **if a student has dance class before or after tumbling class she is expected to wear tights (transition or footless) to both classes.** *A coach may ask a student to sit out if improperly dressed for class, as proper attire is extremely important for coaches to SAFELY spot students.*

Check out The Dance Depot (located here at The Dance Refinery) for all your shoe and attire needs! Shoes are 15% off year-round and registered students receive 10% off regular priced items (tights, leotards, etc.) with your TDR Student Discount card! Experience top personal customer service with our knowledgeable staff who has years of product knowledge and NO SHIPPING FEES!

TDR DANCE DESCRIPTIONS

STYLE	DESCRIPTION
Ballet =	A classical dance form demanding grace and precision and employing formalized steps and gestures set in intricate, flowing patterns to create expression through movement. We offer Ballet for ages 3 & up
Tap =	A style of dance performed wearing shoes fitted with metal taps, characterized by rhythmical tapping of the toes and heels. We offer Tap for ages 3 & up
Jazz =	A style of dance often to upbeat music, working on rhythm, patterns, isolations and fundamental dance basics such as leaps, turns, kicks, splits, etc. We offer Jazz for ages 3 & up
Hip Hop =	Hip Hop combines street - dancing with dance styles such as popping, locking, house, & funk demonstrated by pop artists as seen on hit TV shows Dance 100, So You Think You Can Dance, & World of Dance, to create a funky & upbeat style of dancing anyone can learn. No previous dance experience required. We offer Hip Hop for ages 5 & up
Contemporary / Lyrical =	Contemporary / Lyrical combines Jazz, Modern & Ballet Techniques in fluid, controlled movements. This style of dance often has a story element that relates to the lyrics or emotion of the song. We offer Contemporary / Lyrical for ages 7 & up
Triple Threat =	An exciting class that gives your future star the tools they will need to become a "Producer's Dream" at any casting call in the Commercial, Television or Broadway Industry. Throughout the course of this class, students will refine their skills in Dancing, Singing and Acting in order to excel through any audition process.

See Page 10 for descriptions of our new Dance Team Prep Classes!

See Pages 11 - 14 for descriptions of our TDR Gymnastics / Tumbling Levels and Gladiators Program!

Dance / Tumbling Classes for Students Ages 3 and Under

Wiggles & Giggles: 15 months - 3 Years (30 min.)

A fun "Buddy and Me" class that combines music, movement, and story time—perfect for bonding and creating memories with your little one. *ADULT PARTICIPATION REQUIRED.*

Wednesday: 4:30 - 5:00 Room 2

Tumble Buddies: 15 mo/walking - 3 Years (30 min)

A fun, beginner tumbling class for toddlers that builds motor, social, and cognitive skills through walking, jumping, rolling, and more. *ADULT PARTICIPATION REQUIRED.*

Tuesday 11:00 - 11:30 GYM

Creative Movement: 18 months - 3 Years (30 min.)

This class offers young children an opportunity to explore movement, dance, and their imaginations while learning to focus their energies. *NO ADULT PARTICIPATION.*

Monday 6:30 - 7:00 Room 3

Wednesday 6:00 - 6:30 Room 4

Dance / Tumbling / Gladiator Classes for Students Ages 3 to 4 Years Old

Princess Plie Ballet - Ages 3 - 4 (30 min)

Tiny Tots Jazz - Ages 3 - 4 (30 min)

Tiny Tappers - Ages 3 - 4 (30 min)

Tumble Tots - Tumbling / Gymnastics Class - Ages 3 - 5 (30 min)

Mini Gladiators - Boys only Gymnastics and

Parkour program - Ages 4 - 6 (45 min)

Tumble Tots	Monday	5:30 - 6:00	GYM
Mini Gladiators	Monday	5:45 - 6:30	GYM
Tiny Tappers	Monday	6:00 - 6:30	Room 4
Princess Plie Ballet	Monday	6:30 - 7:00	Room 4
Tiny Tots Jazz	Monday	7:00 - 7:30	Room 4

Tumble Tots	Tuesday	11:30 - 12:00	GYM
Princess Plie Ballet	Tuesday	5:00 - 5:30	Room 3
Tiny Tots Jazz	Tuesday	5:30 - 6:00	Room 3
Tumble Tots	Tuesday	6:30 - 7:00	GYM

Tumble Tots	Wednesday	5:30 - 6:00	GYM
Tiny Tots Jazz	Wednesday	6:00 - 6:30	Room 2
Tiny Tappers	Wednesday	6:30 - 7:00	Room 2
Mini Gladiators	Wednesday	6:30 - 7:15	GYM
Princess Plie Ballet	Wednesday	7:00 - 7:30	Room 2

Tumble Tots	Thursday	5:30 - 6:00	GYM
Tiny Tappers	Thursday	6:00 - 6:30	Room 2
Princess Plie	Thursday	6:30 - 7:00	Room 2
Tumble Tots	Thursday	6:30 - 7:00	GYM
Tiny Tots Jazz	Thursday	7:00 - 7:30	Room 2

See Pages 11 - 14 for descriptions of our TDR Gymnastics / Tumbling Levels and Gladiators Program!

Dance / Tumbling / Gladiator Classes for Students Ages 5 to 6 Years Old

Tutus & Tiaras Ballet - Ages 5 - 6 (30 min)

Pop Star Jazz - Ages 5 - 6 (30 min)

Toe Terrific Tappers - Ages 5 - 6 (30 min)

Lil Bits Hip Hop - Ages 5 - 6 (30 min)

Triple Threat	Monday	4:45 - 5:30	Room 2
Tutus & Tiaras Ballet	Monday	5:00 - 5:30	Room 3
Toe Terrific Tappers	Monday	5:30 - 6:00	Room 3
Lil Bits Hip Hop	Monday	5:30 - 6:00	Room 4
Pop Star Jazz	Monday	6:00 - 6:30	Room 3
Mini Gladiators	Monday	5:45 - 6:30	GYM
Kinder Tots	Monday	6:30 - 7:15	GYM
Kinder Tots	Tuesday	12:00 - 12:45	GYM
Triple Threat	Tuesday	5:15 - 6:00	Room 4
Kinder Tots	Tuesday	5:45 - 6:30	GYM
Lil Bits Hip Hop	Tuesday	6:30 - 7:00	Room 3

Triple Threat - singing, acting & dancing - Ages 5 - 9 (45 min)

Kinder Tots - Tumbling / Gymnastics Class - Ages 4 - 6 (45 min)

Mini Gladiators - Boys only Gymnastics and

Parkour program - Ages 4 - 6 (45 min)

Pop Star Jazz	Wednesday	5:00 - 5:30	Room 3
Tutus & Tiaras Ballet	Wednesday	5:30 - 6:00	Room 3
Toe Terrific Tappers	Wednesday	6:00 - 6:30	Room 3
Lil Bits Hip Hop	Wednesday	6:30 - 7:00	Room 3
Mini Gladiators	Wednesday	6:30 - 7:15	GYM
Kinder Tots	Wednesday	6:30 - 7:15	GYM
Kinder Tots	Thursday	5:15 - 6:00	GYM
Pop Star Jazz	Thursday	6:00 - 6:30	Room 4
Toe Terrific Tappers	Thursday	6:30 - 7:00	Room 4
Tutus & Tiaras Ballet	Thursday	7:00 - 7:30	Room 4

Dance / Gladiator Classes for Students Ages 7 to 9 Years Old

Ballet - Ages 7 - 9 (30 - 45 min)

Jazz - Ages 7 - 9 (30 - 45 min)

Tap - Ages 7 - 9 (30 - 45 min)

Hip Hop - Ages 7 - 9 (30 - 45 min)

Contemporary / Lyrical - Ages 7 - 9 (30 min)

Triple Threat	Monday	4:45 - 5:30	Room 2
JR Boys Tumble	Monday	6:30 - 7:00	GYM
JR Gladiators	Monday	7:00 - 7:30	GYM
Tap	Monday	7:00 - 7:30	Room 2
Ballet	Monday	7:30 - 8:00	Room 2
TDR Boys Hip Hop Crew *ALL AGES*	Monday	7:30 - 8:00	Room 5
Jazz	Tuesday	5:00 - 5:30	Room 2
Triple Threat	Tuesday	5:15 - 6:00	Room 4
Tap	Tuesday	5:30 - 6:00	Room 2
Ballet	Tuesday	6:00 - 6:30	Room 2
Contemporary/Lyrical	Tuesday	6:30 - 7:00	Room 2
Hip Hop	Tuesday	7:00 - 7:30	Room 2

Triple Threat - singing, acting & dancing for ages 5 - 9 (45 min)

Junior Gladiators - Boys only Gymnastics and

Parkour program - Ages 6 - 9 (30 min) / must combine with JR Boys

Hip Hop Crew (30 min) and / or JR Boys Tumbling (30 min)

Tumbling / Gymnastics Levels Done by Evaluation

JR Boys Hip Hop Crew	Wednesday	5:00 - 5:30	Room 4
JR Gladiators	Wednesday	5:30 - 6:00	GYM
JR Boys Tumble	Wednesday	6:00 - 6:30	GYM
Ballet	Thursday	5:15 - 6:00	Room 3
Tap	Thursday	6:00 - 6:45	Room 3
Skills & Drills	Thursday	6:30 - 7:15	Room 5
Jazz	Thursday	6:45 - 7:30	Room 3
Hip Hop	Thursday	7:30 - 8:15	Room 3

SEE PAGE 10 FOR INFO ABOUT SKILLS & DRILLS CLASS BEING OFFERED FOR STUDENTS AGES 7 through Middle School Age

See Pages 11 - 14 for descriptions of our TDR Gymnastics / Tumbling Levels and Gladiators Program!

Dance / Gladiator Classes for Students Ages 10 & Up (PreTeen / Teen)

PreTeen/Teen Ballet - Ages 10 & up (45 min)

PreTeen/Teen Jazz - Ages 10 & up (45 min)

PreTeen/Teen Tap - Ages 10 & up (45 min)

Pre Teen/Teen Hip Hop - Ages 10 & up (45 min)

Pre Teen/Teen Contemporary / Lyrical - Ages 10 & up (45 min)

Triple Threat - singing, acting & dancing - Ages 10 & up (45 min - 1hr)

Teen/SR Gladiators - Boys only Gymnastics & Parkour program - Ages 10 & up (30 min) / must combine with TN/SR Boys Hip Hop Crew (30 min) and / or TN/SR Boys Tumbling (30 min)

Tumbling / Gymnastics Levels Done by Evaluation

TN/SR Gladiators	Monday	6:30 - 7:00	GYM
TN/SR Boys Tumble	Monday	7:00 - 7:30	GYM
PreTeen/Teen Ballet	Monday	7:00 - 7:45	Room 3
TDR Boys Hip Hop Crew *ALL AGES*	Monday	7:30 - 8:00	Room 5
PreTeen/Teen Jazz	Monday	7:45 - 8:30	Room 3
PreTeen/Teen Hip Hop	Monday	8:30 - 9:15	Room 3
Triple Threat (Recital class - see below)	Tuesday	6:00 - 6:45	Room 4
PreTeen/Teen Contemporary/Lyrical	Tuesday	7:00 - 7:45	Room 4
PreTeen/Teen Tap	Tuesday	7:45 - 8:30	Room 4
Skills & Drills (Middle School & Up)	Tuesday	7:00 - 8:00	Room 6
Dance Team Prep (Middle School & Up)	Tuesday	8:00 - 8:45	Room 1
Acro for Dance Team (Middle School & Up)	Tuesday	8:45 - 9:30	Room 6

TN/SR Boys Hip Hop Crew	Wednesday	5:30 - 6:00	Room 4
Triple Threat (Competition class - see below)	Wednesday	5:45 - 6:30	Room 1
TN/SR Gladiators	Wednesday	6:00 - 6:30	GYM
TN/SR Boys Tumble	Wednesday	6:30 - 7:00	GYM
PreTeen/Teen Hip Hop	Wednesday	7:00 - 7:45	Room 4
PreTeen/Teen Ballet	Wednesday	7:45 - 8:30	Room 3
PreTeen/Teen Jazz	Wednesday	7:45 - 8:30	Room 4

****NOTE - The Wednesday 5:45 Triple Threat (10 & up) class will compete at 1 local competition. The Ticket to Broadway Competition will be April 30 - May 2, 2027 (at Beech Grove High School). Additional Competition Entry Fees will apply. This competition & Recital will be required for anyone signed up for the Wed. 5:45 class.**

If you are interested in taking Triple Threat (but not compete) - please sign up for the Tuesday class.

The Tuesday class will not compete but students will have the option of participating in the Recital

SEE PAGE 10 FOR INFO ABOUT OUR NEW DANCE TEAM PREP PACKAGE OPTIONS - BEING OFFERED FOR STUDENTS IN GRADES MIDDLE SCHOOL & UP

See Pages 11 - 14 for descriptions of our TDR Gymnastics / Tumbling Levels and Gladiators Program!



The Dance Refinery is proud to offer the opportunity to explore and experience the joy of movement with a supportive, creative community. Our Adaptive Dance Program provides students with disabilities an outlet to make friends, work on gross motor skills and have fun!. Our powerful exciting, and educational atmosphere is all under the guidance of a Board-Certified Dance / Movement Therapist.

This program is offered to students middle school ages and up.

Dance Buddies Class will meet on Thursdays 5:00 - 5:45 p.m. in Room 4

This class is only offered during our Fall-Winter-Spring Session (August 17 - June 11) and is not offered in the Summer.

Dance Buddies participants are encouraged to participate (as a class) in our annual Recital in June

The Dance Team Package

Grades Middle School & Up - Bundle ALL 3 classes for the ultimate Dance Team Experience & Training

SKILLS & DRILLS

A training class focused on the essential skills & tricks needed for dance team success. Dancers will work on precision, synchronization, and new skills through targeted drills and across-the-floor progressions. This class emphasizes strength, flexibility, and clean execution to help dancers excel in auditions, performances, and competitions.

Age 7 - Middle School Age

Thursday: 6:30 - 7:15

Room 5

Middle School Age and Up

Tuesday: 7:00 - 8:00

Room 6

Dance Team Prep: Middle School & Up

A dynamic prep class is designed for dancers aiming to elevate their skills in pom, sidelines, kicks, pom-hop, pro-styled jazz & hip hop. Focus on essential combinations, techniques, and performing skills from professional alumni. If your goal is to be on your school's dance team or to be on a college/professional dance team, then this class is for you!

Tuesday 8:00 - 8:45

Room 1

Acro for Dance Team: Middle School & Up

Designed specifically for dancers, this class focuses on the acro skills most commonly required for dance teams, including flexibility, strength, control, balance, and safe progressions for tricks and transitions. Dancers will build confidence while developing clean technique that enhances performance without the gymnastics-based focus of a traditional acro class.

Tuesday 8:45 - 9:30

GYM

Special Dance Team Package Pricing Available

Skills & Drills (ages 7 through Middle School) = one 45-minute class: \$66.00 per month

Skills & Drills (grades Middle School & up) = one 1-hour class: \$70.00 per month

Dance Team Prep OR Acro for Dance Team (grades Middle School & up) = one 45-minute class: \$66.00 per month

Dance Team Prep AND Acro for Dance Team (grades Middle School & up) = 1.5 hours of class: \$87.00 per month

BUNDLE ALL THREE Dance Team Classes (grades Middle School & up) = 2.5 hours of class: \$134.00 per month

Our instructors have experience with both college and professional teams through the state.



See Pages 6 - 9 for more info about our TDR Dance Program & Pages 11 - 15 for more info about our Gladiator / TDR Gymnastics / Tumbling Programs

TDR ALL BOYS GLADIATOR PROGRAM

An exciting boys' only program that fuses Gymnastics, Hip Hop and Parkour while focusing on strength, coordination, flexibility and total body conditioning. Students are required to take the Gladiator Class (the parkour class) which challenges the student's ability, endurance and stamina via running, jumping, climbing and other plyometric exercises.

MINI GLADIATORS (Ages 4 - 6) - 45 minutes

Monday 5:45 - 6:30

GYM

Wednesday 6:30 - 7:15

GYM

JUNIOR GLADIATORS (Ages 6 - 9)

If you sign up for JR Gladiators, you must also take a JR Boys Hip Hop OR a JR Boys Tumbling. **Spartan Discount Package is available if you take all 3!**
If you are not interested in taking the JR Gladiator class, and only wish to take JR Boys Hip Hop and / or JR Boys Tumbling - you can sign up for those classes individually.

JR Boys Tumble: Monday 6:30 - 7:00

GYM

JR Boys Hip Hop Crew: Wednesday 5:00 - 5:30

Room 4

JR Gladiators: Monday 7:00 - 7:30

GYM

JR Gladiators: Wednesday 5:30 - 6:00

GYM

TDR Boys Hip Hop Crew *ALL AGES*: Monday 7:30 - 8:00

Room 5

JR Boys Tumble: Wednesday 6:00 - 6:30

GYM

TEEN / SR GLADIATORS (Ages 10 & Up)

If you sign up for TN/SR Gladiators, you must also take a TN/SR Boys Hip Hop OR a TN/SR Boys Tumbling. **Spartan Discount Package is available if you take all 3!**
If you are not interested in taking the Teen/SR Gladiator class, and only wish to take Teen/SR Boys Hip Hop and / or Teen/SR Boys Tumbling - you can sign up for those classes individually.

TN/SR Gladiators: Monday 6:30 - 7:00

GYM

TN/SR Boys Hip Hop Crew: Wednesday 5:30 - 6:00

Room 4

TN/SR Boys Tumble: Monday 7:00 - 7:30

GYM

TN/SR Gladiators: Wednesday 6:00 - 6:30

GYM

TDR Boys Hip Hop Crew *ALL AGES*: Monday 7:30 - 8:00

Room 5

TN/SR Boys Tumble: Wednesday 6:30 - 7:00

GYM

All Junior & Teen/SR Gladiator, Boys Tumble and Boys Hip Hop Crew Classes will be invited to participate in the Recital and will do one routine (all together) - look for Gladiator Recital Information in the Recital Participation Packet that will come out in November.

All Mini Gladiators students will also be invited to participate in the Recital in a separate number.

Special Gladiator Pricing Available

Mini Gladiators = one 45-minute class: \$66.00 per month

Junior and Teen / SR Gladiators = two 30-minute classes: \$70.00 per month

Junior and Teen / SR Gladiators - SPARTAN PACKAGE = three 30-minute classes: \$87.00 per month

ONLY Junior or Teen/SR Boys Tumble OR Junior or Teen/SR Boys Hip Hop = one 30-minute class: \$55.00 per month

ONLY Junior or Teen/SR Boys Tumble AND Junior or Teen/SR Boys Hip Hop = two 30-minute class: \$70.00 per month

See Pages 6 - 10 for more info about our TDR Dance Program & Pages 12 - 15 for more info about our TDR Gymnastics / Tumbling Program

TDR Gymnastics and Tumbling Levels

DOES MY CHILD NEED TO BE EVALUATED FOR A GYMNASTICS / TUMBLING CLASS?: Students Ages 4 (with no experience) and under - NO Evaluation is needed. Students Ages 4 (with experience) and students Ages 5 & up - An evaluation is required before registering.

WHEN CAN I BRING MY CHILD IN FOR AN EVALUATION?: Staff will be available during all registration hours. Starting August 17, evaluations are available Monday through Thursday 7:30 p.m. - 9:00 p.m. You do not need an appointment, however we ask that you come in during this time frame (check in at the desk and let them know you are here for a tumbling evaluation).

If your child is interested in:	Being a Cheerleader	Artistic Gymnastics / competing on your High School or TDR Gymnastics Team	Being a member of a TDR Tumbling / Acro Performing Group
We suggest:	Taking a tumbling class (at your appropriate level) and combining it with a Tumble for Cheer class. TDR offers a cheer / tumbling package giving you two hour-long classes a discounted price	TDR offers tumbling packages giving you a discount price for taking more than one tumbling / gymnastics class (at your appropriate level) to increase your training time in all 4 events (vault, uneven bars, balance beam and floor)	Taking a tumbling class (at your appropriate level) and combining it with a ballet, jazz or contemporary / lyrical class (see pages 6-8 for more information about our dance class schedules)

Tumbling / Gymnastics Levels	CLASS LENGTH	REQUIREMENTS (student must be able to perform consistently without a spot)	FOCUS	EQUIPEMENT USE	SPECIAL INSTRUCTIONS
TUMBLE BUDDIES	30 min	15mo/walking – 3 yrs; Active participation by parent / guardian is required in class.	Very basic / general gross motor skills in a creative and fun environment; Development: social, cognitive & physical; This class requires adult participation to learn how to facilitate toddlers physical development through locomotor movement such as walking / running, balance, jumping, rolling and climbing.	Introduction to equipment: various types of mats, bars, beam, floor & trampoline/spring boards	You are welcome to bring siblings with you; however, they must remain in the viewing area and are not permitted on the gym floor. The only exception is babies being carried in baby carriers.
TUMBLE TOTS	30 min	3 – 5yrs; Little or no gymnastics experience. Must be able to pay attention without parental assistance	Loco-motor skills: running, hopping, jumping, skipping, galloping, turning/spinning. Balance / coordination / flexibility. Body positioning: tight body stretch, straight / tuck / straddle; start / finish. Front & back rolls. Handstands & backbends.	Equipment use: various types of bars, beam, floor stations, trampoline / spring board & foam pit	It may be recommended that a child continue with this class prior to moving to Kinder Tots in order to improve upon the child's exposure to class structure, instruction and listening/social skills.
KINDER TOTS	45 min	4 – 6yrs; Forward roll by self on level floor. Pay attention without parental assistance: be able to listen to / take instruction, taking turns, etc...	Loco-motor skills: running, hopping, jumping, skipping, chasse, turning / spinning. Balance / coordination / flexibility. Body positioning: tight body stretch, tuck / pike / straddle / split; start / finish. Backward rolls, handstands, backbends & cartwheels.	Equipment use: various types of bars, beam, floor stations, trampoline / spring board & foam pit	Must have permission from an instructor/evaluator to register for this class.

Tumbling / Gymnastics Levels	CLASS LENGTH	REQUIREMENTS (student must be able to perform consistently without a spot)	FOCUS	EQUIPEMENT USE	SPECIAL INSTRUCTIONS
BEGINNER 1	1 hr	Age 6 & up; Little- no gymnastics experience	Basic Technique: tight body stretch, balance / coordination / flexibility, body positions, loco-motor skills, stick / lunge positions, etc. Forward / backward rolls, handstands, backbends & cartwheels.	Equipment use: vault, bars, beam, floor & trampolines	Must have permission from an instructor/evaluator to register for this class.
BEGINNER 2	1 hr	Age 6 & up; Able to perform: forward & backward roll on level ground by self, cartwheel, push up to backbend by self and hold for at least 5 seconds with head off floor	Basic Technique: tight body stretch, balance / coordination / flexibility, body positions, loco-motor skills, stick / lunge positions, etc. Holding a handstand, handstand fall into backbend; backbend – to and from a standing position; backbend kick over. One-arm cartwheels, running hurdle cartwheels & round-offs	Equipment use: vault, bars, beam, floor & trampolines	Must have permission from an instructor/evaluator to register for this class.
INTERMEDIATE GYMNASTICS	90 min	Round-off, front limber (handstand fall into a backbend and pull up to stand), fall into backbend from standing position, backbend kick over, handstand	Front & back walkovers; back handsprings & front handsprings; round-off back handspring. Hip circles / pull overs on bars. Cartwheels, jumps / leaps on beam. Front handspring vaults.	Equipment use: vault, bars, beam, floor & trampolines	Must have permission from an instructor/evaluator to register for this class.
INTERMEDIATE TUMBLING	1 hr	Round-off, front limber (handstand fall into a backbend and pull up to stand), fall into backbend from standing position, backbend kick over, handstand	Front & back walkovers; back handsprings & front handsprings; round-off back handspring; front &/or side aerials	Equipment use: floor, trampolines / tumble track	Must have permission from an instructor/evaluator to register for this class.
ADVANCED TUMBLING	1 hr	Front & back walkovers, standing back handspring, round-off back handspring, side aerial, front handspring (optional)	Back handspring series; front / back tucks; front / back tumbling: tucks and layouts; front & side aerials	Equipment use: floor, trampolines / tumble track	Must have permission from an instructor/evaluator to register for this class.
ELITE / TWISTERS	1 hr	Front & back walkovers, side aerial, front tuck / front aerial, standing back handspring, round-off back handspring back tuck and / or layout, series of at least 5 back handsprings	Higher level tumbling (front/back) & twisting (when ready & appropriate)	Equipment use: floor, trampolines/tumble track	Must have permission from an instructor/evaluator to register for this class.

Tumble for Cheer Levels	CLASS LENGTH	REQUIREMENTS (student must be able to perform consistently without a spot)	FOCUS	EQUIPEMENT USE	SPECIAL INSTRUCTIONS
Beginner TUMBLE FOR CHEER	1 hr	Must be at least 7 years old to register for this class. NO experience necessary.	Basic tumbling technique plus jumps and motions, focus on forward / backward rolls, handstands, backbends (front limber and kick over), cartwheels, and round off's. Basic drills for backhandsprings may be introduced.	Equipment use: floor, trampolines / tumble track	Must have permission from an instructor/evaluator to register for this class. Anyone who has been evaluated into Beginner 1 or Beginner 2 can take Beginner Tumble for Cheer without an additional evaluation
Intermediate / Advanced TUMBLE FOR CHEER	1 hr	Must be at least 7 years old to register for this class. Previous experience is necessary (see Intermediate Tumbling requirements on page 13).	Drills / techniques for back / front walkover, back handspring and round-off back handspring, Techniques of jumps and motions. Advanced Students will also focus on back-tumbling skills: tucks, pikes & layouts; jump-tumbling combinations (ex: toe touch - back handspring); standing tumbling combinations (ex: back handspring - back tuck)	Equipment use: floor, trampolines / tumble track	Must have permission from an instructor/evaluator to register for this class. Anyone who has been evaluated into Intermediate & up can take Intermediate / Advanced Tumble for Cheer without an additional evaluation

COMPETITIVE GYMNASTICS AND TUMBLING PROGRAMS AVAILABLE AT THE DANCE REFINERY:

TDR GYMNASTICS - Artistic Gymnastics Team Levels 6-10 and Xcel Bronze - Diamond	If your child has progressed past the Beginning or Intermediate Gymnastics levels and is interested in competing all four of the Olympic events (vault, uneven bars, balance beam and floor exercise), please contact the front office for more information regarding our Competitive Artistic Gymnastics Team Program.
TUMBLING / ACRO PERFORMING GROUPS	Our award winning Acro Performing Group competes at dance competitions (same competitions our dance performing groups attend) and their routines combine tumbling / acrobatic skills with dance. If your child is at the Intermediate Tumbling Level and is interested in a competitive tumbling performing group, auditions are held during the Summer Session. Your child must be enrolled for summer lessons to be eligible to audition. Please leave your child's name, age, phone number and tumbling level in the TDR front office.

TDR GYMNASTICS / TUMBLING / TUMBLE FOR CHEER SCHEDULE

TUMBLE BUDDIES - ages 15 mths - 3 years:

Tumble Buddies(ages 15 mths - 3 years): Tuesday *11:00 - 11:30

TUMBLE TOTS - ages 3 - 5:

Monday: 5:30 - 6:00
Tuesday: *11:30 - 12:00
Tuesday: 6:30 - 7:00
Wednesday: 5:30 - 6:00
Thursday: 5:30 - 6:00
Thursday: 6:30 - 7:00

KINDER TOTS - evaluation needed:

Monday: 6:30 - 7:15
Tuesday : *12:00 - 12:45
Tuesday: 5:45 - 6:30
Wednesday: 6:30 - 7:15
Thursday: 5:15 - 6:00

BEGINNER 1 (also see Beg. 1/2) - evaluation needed:

Monday: 6:00 - 7:00
Wednesday: 6:00 - 7:00
Thursday: 5:00 - 6:00

BEGINNER 2 (also see Beg. 1/2) - evaluation needed:

Monday: 5:00 - 6:00
Tuesday: 7:00 - 8:00
Wednesday: 5:00 - 6:00
Thursday: 6:00 - 7:00

*=Morning or afternoon class

BEGINNER 1/ 2 (anyone in Beg 1 OR Beg 2 can enroll in these classes)- evaluation needed:

Monday: 7:30 - 8:30
Tuesday: 6:00 - 7:00
Wednesday: 7:00 - 8:00
Thursday: 7:00 - 8:00

INTERMEDIATE / ADVANCED / ELITE / TWISTERS TUMBLING - evaluation needed:

Intermediate / Advanced: Monday 7:00 - 8:00
Intermediate / Advanced: Tuesday 5:00 - 6:00
Intermediate / Advanced: Wednesday 7:00 - 8:00
Intermediate / Advanced: Thursday 6:00 - 7:00
Advanced / Elite / Twisters: Monday 5:30 - 6:30
Advanced / Elite / Twisters: Tuesday 7:00 - 8:00

INTERMEDIATE GYMNASTICS - evaluation needed:

Tuesday: 7:30 - 9:00
Thursday: 7:00 - 8:30

BOYS ONLY TUMBLING:

JR(ages 6 - 9): Monday 6:30 - 7:00
JR(ages 6 - 9): Wednesday 6:00 - 6:30
Teen/SR(ages 10 & up): Monday 7:00 - 7:30
Teen/SR(ages 10 & up): Wednesday 6:30 - 7:00

TUMBLE FOR CHEER - evaluation needed:

Beginner Tumble for Cheer: Tuesday 6:00 - 7:00
Intermediate / Advanced Tumble for Cheer: Wednesday 7:00 - 8:00
