

THE DANCE REFINERY

Celebrating 50 years of excellence!

www.thedancerefinery.com

317-881-1905

thedancerefineryin@gmail.com

8335 Shelby Street, Indianapolis IN 46227



2025 - 2026

FALL / WINTER / SPRING Schedule Packet & Attire Information



@tdrdance



The Dance Refinery -
Indianapolis, IN



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Contact Us:

The Dance Refinery

www.thedancerefinery.com

thedancerefineryin@gmail.com

317 - 881 - 1905

8335 Shelby Street

Indianapolis, IN 46227

The Dance Depot

317 - 882 - 3285

Located inside the lobby of TDR



Thank you for inquiring about our 2025 - 2026 Fall/Winter/Spring session. We are excited to have you join us for our 50th Season!
This season will begin August 18, 2025 and runs through June 12, 2026 (when we have our Annual Recital)

REGISTRATION:

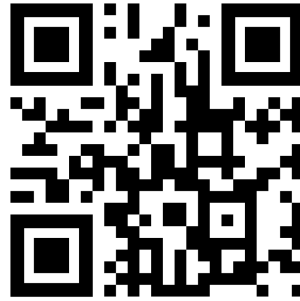
We offer a wide range of classes and programs. Students can enroll in Dance, Gymnastics, Tumbling, Gladiators, Triple Threat and more! Registration for classes is done with the help of our TDR Staff by appointment only. Please use the QR codes below to schedule your appointment today!

Current Students: Students who were enrolled in the Summer 2025 Session

Priority registration link for Summer 2025 families only was emailed to eligible families to register during this current student enrollment time. Please contact the office (317-881-1905) if you did not receive the Sign Up Genius Link

Registration Dates for Current Students:
July 28, July 30 and July 31

Returning Students: Students who were enrolled in the Fall 2025-2026 Session (through the Recital in June)



Registration Dates for Returning Students:
August 4 and August 5

Open Enrollment:



Open Enrollment:
August 6th - August 13th

Starting August 18, 2025 - Open enrollment for dance classes through Jan 31st, Gym/Gladiator classes & Boys Hip Hop through Apr 30th. **To be in the June 2026 recital, you must register by Dec 1st at 9:00 p.m during regular Office Hours.** Please Inquire with our office staff about class availability. Office hours are Mon–Thurs 4–9 p.m., Fri 4–7 p.m., and Sat 9 a.m.–3 p.m. No appointment needed after Aug 18th.

****Students registering for Tumbling / Gymnastics:** Ages 4 (no experience) & under - No Evaluation is needed. Age 4 (with experience) and ages 5 & up - An evaluation is required before registering. Staff will be available during all above mentioned registration dates. Starting Aug 18th, evaluations are available Monday through Thursday 7:30 - 9:00 p.m.

Experienced new or transferring students should contact the front office for advanced class placement or performing group opportunities. Performing group auditions are held during summer, and students must be enrolled in summer classes to be eligible. For questions, email thedancerefineryin@gmail.com.

***Registration link available on our website**

TUITION SCHEDULE AND PAYMENT INFORMATION:

REGISTRATION FEE: **\$35.00 per person or \$50.00 per family** is due at the time of registration

***Please note - a FAMILY (for the purposes of reg. fees / package discounts) applies to siblings / students living under the same roof.*

Tuition Schedule:

Tuition is due at your 1st lesson of each month. A late fee of 10% will be added to any unpaid account on the 11th of each month. Exception for August, 1/2 August tuition is due Aug 18th-23rd. The 10% late fee will be assessed to any unpaid accounts on Aug 24th.

Monthly Tuition Fees:

30 min class: \$53.00 / 45 min class: \$64.00 / 60 min class: \$68.00 / 90 minute class: \$85.00

TDR Discount Offers:

The TDR Staff will help to determine the best package option, based on the classes you want to take (discounts can not be combined)

Choose any 2 (30-min) dance/tumbling classes for ages 15 months–9 yrs: \$72/month

Choose any 3 (30-min) classes for ages 15 months–9 yrs: \$100/month

Choose any 3 (45-min) classes for ages 7 & up: \$130/month

Students taking 3 or more individual classes get 50% off the 3rd and each additional class. Package deals are already discounted and count as one class toward this offer.

Families (siblings / students living under the same roof) with 3 or more children registered will receive 1/2 off the 3rd and each additional child. This will apply to the child with the lowest regular tuition total.

All TDR Families will receive a 10% discount card for The Dance Depot. Cards are valid during the current session in which you are registered and will expire if you withdraw from class in the middle of a session.

Discounts are available for families paying for the entire session in full at the time of registration. Inquire in the office for more information.

****Additional Combo class options are available for students taking 2 or more tumbling classes (1 hour or more per class) - please speak to the office staff for more information about any possible multi class discount options that might work for you.**

Payment Methods:

Credit / Debit Card: In person or via Phone (317-881-1905) - a 3% convenience fee will be charged

Cash: In person - the office staff must write a cash receipt for all cash payments

Check made payable to The Dance Refinery: In person or by mail sent to TDR (mail must be postmarked by the 10th to avoid the late fee) including checks coming from your bank's automatic bill pay system

Electronically via PayPal (with a debit or credit card) - Sign up to receive PayPal invoices by initialling on the back of your registration form/payment agreement at registration. You must pay through our invoice system. Please do not send payments directly to our PayPal account without an invoice.

***** Please note - We do not offer any type of auto deduction payments and do not keep your bank account information on file. *****

ALL Payments made in person or via the phone must be made during regular office hours:

Monday through Thursday 4:00 - 9:00 p.m. / Friday 4:00 - 7:00 p.m. / Saturday 9:00 a.m. - 3:00 p.m.

These office hours apply August 18th - June 12 and are subject to adjustment when needed (we will send an email / post notice if anything changes)

The Dance Refinery Class Attire and Shoe Requirements:

APPROPRIATE SHOES and ATTIRE MUST BE WORN TO CLASS!

Any student who is not properly dressed for class will be given a copy of the dress code and asked to obtain the proper attire before the next class. In the case of young students, notice will be given to the parent/guardian. The student will receive 2 warnings. After that the teacher will NOT allow the student to participate in the class. No make-up classes will be offered for these missed classes.

- * STREET CLOTHES MAY NOT BE WORN for CLASS!
- * Please note that all dance and gymnastic shoes MUST be from a dance manufacturer.
- * To increase the life of your shoes, NEVER wear dance shoes outside.
- * HAIR for ALL ladies taking class should be pulled back out of the face and secured in a ponytail, unless otherwise noted.
- * No underwear should be worn under tights & leotard during class, except: Boys, Tumble Buddies and Creative Movement.
- * No Jewelry (Necklaces, large earrings, etc.) Small Earring studs are acceptable
- * Everyday or oversized t-shirts and tank tops are inappropriate attire for ANY class at TDR. For the only exception to this, please see Hip Hop.
- * One-piece leotards must be worn in the the Gym at all times. No 2-piece outfits allowed in gym classes. (This is a USAG rule and we are a USAG certified gym)
- * Please check your child's attire and shoes from time to time to make sure it fits properly.
- * No gum or cell phones in class.
- * Students are not allowed to bring food or drinks (other than water) in to the dance studios / gym.

CREATIVE MOVEMENT:

Underwear over diapers are allowed in this class

Shoes: Leather Black Jazz Shoes with elastic sewn on

Girls: Leotard **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

TAP:

Girls: Class age 3-4 / 5-6 / 7-9: Capezio Shuffle Tap - Black Patent Leather Tap Shoe (Style #356)

Pre-Teen / Teen Tap ONLY : Black Slip On Tap Shoes

Leotard OR 2-piece dance attire (2 piece MUST be dance pants or shorts w/ a dance top) **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

Black tie oxford tap shoes

JAZZ

Shoes: Class age 3-4 / 5-6 / 7-9: Leather black jazz shoes with elastic sewn on

Pre-Teen / Teen Jazz ONLY: Black Bloch Pulse Jazz Shoe

Girls: Leotard OR 2-piece dance outfit (2 piece MUST be dance pants or shorts w/ a dance top) **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

BALLET:

Girls:

Pink leather ballet shoes with 1 elastic strap sewn on straight across - see the office staff or your ballet instructor if you have questions about how to sew the straps.

Leotard or unitard (any color) **with tights**

All hair MUST be pulled back off of face and secured in a ponytail. **Buns are preferred for all but required for ages 10 & up.**

Boys: Fitted t-shirt with fitted shorts or athletic pants.

Black leather ballet shoes with elastic sewn on - white socks

The Dance Refinery Class Attire and Shoe Required Continued

HIP HOP:

Shoes: Any clean tennis shoe with a white sole. **Please do not wear tennis shoes that have been worn outside.** If you were in the 2025 Recital, you are encouraged to wear your performance shoes for class. **Shoes worn should be for this class only to help preserve the life of our dance floors.** **PLEASE NOTE - students participating in the Recital will be asked to purchase a pair of performance tennis shoes. More information will be handed out during Costume Week in January. No Jazz shoes should be worn for Hip Hop Class.

Girls: Tank Top, T-shirt, Hoodie w/ crop top or leotard underneath and shorts, leggings, joggers or sweats

Boys: T-shirt or Tank Top must be worn with a Hoodie (optional) and shorts, joggers or sweats

TRIPLE THREAT:

Girls: Bloch TAN Pulse jazz shoe

Leotard OR 2 piece dance outfit (2-piece MUST be dance pants or shorts w/ a dance top) **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

Bloch BLACK Pulse jazz shoe

CONTEMPORARY/LYRICAL:

Shoes: Bloch TAN Pulse jazz shoe

Girls: Leotard OR 2-piece dance outfit (2-piece MUST be dance pants or shorts w/ a dance top) **with tights**

Boys: Fitted t-shirt with shorts or athletic pants.

GYMNASTICS (TUMBLING), TUMBLE BUDDIES, GLADIATORS & TUMBLE FOR CHEER:

Girls: Leotard or unitard (any color). May wear shorts over leotard, **NO 2-piece outfits (bra tops and bootie shorts) or t-shirts are allowed in gymnastics classes.** NO JEWELRY! This is a USAG rule and as a USAG certified gym, we all must follow.

All hair MUST be pulled back off of face and secured in a ponytail.

Any clean tennis shoe with a white sole are allowed to be worn for Tumble For Cheer classes ONLY.

Boys: Fitted t-shirt **tucked in** to fitted shorts

Gymnasts / Gladiators are allowed to take class barefoot in the gym, however please remember to wear footies or shoes when not in the gym or taking class. Also, **if a student has dance class before or after tumbling class she is expected to wear tights (transition or footless) to both classes.** *A coach may ask a student to sit out if improperly dressed for class, as proper attire is extremely important for coaches to SAFELY spot students.*

Check out The Dance Depot (located here at The Dance Refinery) for all your shoe and attire needs! Shoes are 15% off year-round and registered students receive 10% off regular priced items (tights, leotards, etc.) with your TDR Student Discount card! Experience top personal customer service with our knowledgeable staff who has years of product knowledge and NO SHIPPING FEES!

TDR DANCE DESCRIPTIONS

| STYLE | DESCRIPTION | RECOMMENDED FOR |
|---------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Ballet = | A classical dance form demanding grace and precision and employing formalized steps and gestures set in intricate, flowing patterns to create expression through movement. We offer Ballet for ages 3 & up | Students interested in TDR Dance / Acro Performing Groups |
| Tap = | A style of dance performed wearing shoes fitted with metal taps, characterized by rhythmical tapping of the toes and heels. We offer Tap for ages 3 & up | Students interested in TDR Dance Performing Group, Show Choir and / or Community Theater Productions |
| Jazz = | A style of dance often to upbeat music, working on rhythm, patterns, isolations and fundamental dance basics such as leaps, turns, kicks, splits, etc. We offer Jazz for ages 3 & up | Students interested in TDR Dance / Acro Performing Groups, Show Dance Team / Show Choir and / or Community Theater Productions |
| Hip Hop = | Hip Hop combines street - dancing with dance styles such as popping, locking, house, & funk demonstrated by pop artists as seen on hit TV shows Dance 100, So You Think You Can Dance, & World of Dance, to create a funky & upbeat style of dancing anyone can learn. No previous dance experience required. We offer Hip Hop for ages 5 & up | Students interested in TDR Hip Hop Performing Groups, our All Boys Dance Program and / or School Dance Team |
| Contemporary / Lyrical = | Contemporary / Lyrical combines Jazz, Modern & Ballet Techniques in fluid, controlled movements. This style of dance often has a story element that relates to the lyrics or emotion of the song. We offer Contemporary / Lyrical for ages 7 & up | Students interested in TDR Dance / Acro Performing Groups, and / or School Dance Team |
| Triple Threat = | An exciting class that gives your future star the tools they will need to become a "Producer's Dream" at any casting call in the Commercial, Television or Broadway Industry. Throughout the course of this class, students will refine their skills in Dancing, Singing and Acting in order to excel through any audition process. | Students interested in Snow Choir and / or Community Theater Productions |

See Pages 11 - 14 for descriptions of our TDR Gymnastics / Tumbling Levels and Gladiators Program!

Dance / Tumbling Classes for Students Ages 3 and Under

* NEW Wiggles & Giggles: 15 months - 3 Years (30 min.)

A fun "Buddy and Me" class that combines music, movement, and story time—perfect for bonding and creating memories with your little one. *ADULT PARTICIPATION REQUIRED.*

Wednesday: 5:00 - 5:30 Room 1

Tumble Buddies: 15 mo/walking - 3 Years (30 min)

A fun, beginner tumbling class for toddlers that builds motor, social, and cognitive skills through walking, jumping, rolling, and more. *ADULT PARTICIPATION REQUIRED.*

Tuesday 11:00 - 11:30 GYM

Creative Movement: 18 months - 3 Years (30 min.)

This class offers young children an opportunity to explore movement, dance, and their imaginations while learning to focus their energies. *NO ADULT PARTICIPATION.*

Monday 6:30 - 7:00 Room 3

Wednesday 6:00 - 6:30 Room 4

Dance / Tumbling / Gladiator Classes for Students Ages 3 to 4 Years Old

Princess Plie Ballet - Ages 3 - 4 (30 min)

Tiny Tots Jazz - Ages 3 - 4 (30 min)

Tiny Tappers - Ages 3 - 4 (30 min)

Tumble Tots - Tumbling / Gymnastics Class - Ages 3 - 5 (30 min)

Mini Gladiators - Boys only Gymnastics and

Parkour program - Ages 4 - 6 (45 min)

| | | | |
|----------------------|--------|-------------|--------|
| Tumble Tots | Monday | 5:00 - 5:30 | GYM |
| Tiny Tappers | Monday | 5:30 - 6:00 | Room 2 |
| Tiny Tots Jazz | Monday | 6:00 - 6:30 | Room 2 |
| Tumble Tots | Monday | 6:00 - 6:30 | GYM |
| Princess Plie Ballet | Monday | 6:30 - 7:00 | Room 2 |
| Mini Gladiators | Monday | 6:30 - 7:15 | GYM |

| | | | |
|----------------------|---------|---------------|--------|
| Tumble Tots | Tuesday | 11:30 - 12:00 | GYM |
| Princess Plie Ballet | Tuesday | 5:00 - 5:30 | Room 3 |
| Tiny Tots Jazz | Tuesday | 5:30 - 6:00 | Room 3 |
| Tiny Tappers | Tuesday | 6:00 - 6:30 | Room 3 |
| Tumble Tots | Tuesday | 6:30 - 7:00 | GYM |

| | | | |
|----------------------|-----------|---------------|--------|
| Mini Gladiators | Wednesday | 5:30 - 6:15 | GYM |
| Tiny Tappers | Wednesday | 6:00 - 6:30 | Room 2 |
| Tumble Tots | Wednesday | 6:00 - 6:30 | GYM |
| Princess Plie Ballet | Wednesday | 6:30 - 7:00 | Room 2 |
| Tiny Tots Jazz | Wednesday | 7:00 - 7:30 | Room 2 |
| Tiny Tappers | Thursday | 5:30 - 6:00 | Room 2 |
| Tiny Tots Jazz | Thursday | 6:00 - 6:30 | Room 2 |
| Tumble Tots | Thursday | 6:30 - 7:00 | GYM |
| Princess Plie | Thursday | 7:00 - 7:30 | Room 2 |
| Tumble Tots | Saturday | 11:30 - 12:00 | GYM |

See Pages 11 - 14 for descriptions of our TDR Gymnastics / Tumbling Levels and Gladiators Program!

Dance / Tumbling / Gladiator Classes for Students Ages 5 to 6 Years Old

Tutus & Tiaras Ballet - Ages 5 - 6 (30 min)

Pop Star Jazz - Ages 5 - 6 (30 min)

Toe Terrific Tappers - Ages 5 - 6 (30 min)

Lil Bits Hip Hop - Ages 5 - 6 (30 min)

| | | | |
|-----------------------|---------|---------------|--------|
| Triple Threat | Monday | 4:45 - 5:30 | Room 2 |
| Tutus & Tiaras Ballet | Monday | 5:00 - 5:30 | Room 3 |
| Toe Terrific Tappers | Monday | 5:30 - 6:00 | Room 3 |
| Lil Bits Hip Hop | Monday | 5:30 - 6:00 | Room 4 |
| Pop Star Jazz | Monday | 6:00 - 6:30 | Room 3 |
| Mini Gladiators | Monday | 6:30 - 7:15 | GYM |
| Kinder Tots | Monday | 6:30 - 7:15 | GYM |
| Kinder Tots | Tuesday | 12:00 - 12:45 | GYM |
| Triple Threat | Tuesday | 5:15 - 6:00 | Room 4 |
| Kinder Tots | Tuesday | 5:45 - 6:30 | GYM |
| Lil Bits Hip Hop | Tuesday | 6:30 - 7:00 | Room 3 |
| Tutus & Tiaras Ballet | Tuesday | 7:00 - 7:30 | Room 3 |

Triple Threat - singing, acting & dancing - Ages 5 - 9 (45 min)

Kinder Tots - Tumbling / Gymnastics Class - Ages 4 - 6 (45 min)

Mini Gladiators - Boys only Gymnastics and

Parkour program - Ages 4 - 6 (45 min)

| | | | |
|-----------------------|-----------|-------------|--------|
| Pop Star Jazz | Wednesday | 5:00 - 5:30 | Room 3 |
| Tutus & Tiaras Ballet | Wednesday | 5:30 - 6:00 | Room 3 |
| Mini Gladiators | Wednesday | 5:30 - 6:15 | GYM |
| Toe Terrific Tappers | Wednesday | 6:00 - 6:30 | Room 3 |
| Lil Bits Hip Hop | Wednesday | 6:30 - 7:00 | Room 3 |
| Kinder Tots | Wednesday | 6:30 - 7:15 | GYM |
| Kinder Tots | Thursday | 5:15 - 6:00 | GYM |
| Pop Star Jazz | Thursday | 6:00 - 6:30 | Room 4 |
| Toe Terrific Tappers | Thursday | 6:30 - 7:00 | Room 4 |
| Tutus & Tiaras Ballet | Thursday | 7:00 - 7:30 | Room 4 |

Dance / Gladiator Classes for Students Ages 7 to 9 Years Old

Ballet - Ages 7 - 9 (30 - 45 min)

Jazz - Ages 7 - 9 (30 - 45 min)

Tap - Ages 7 - 9 (30 - 45 min)

Hip Hop - Ages 7 - 9 (30 - 45 min)

Contemporary / Lyrical - Ages 7 - 9 (30 min)

| | | | |
|----------------------|---------|-------------|--------|
| Triple Threat | Monday | 4:45 - 5:30 | Room 2 |
| JR Boys Tumble | Monday | 5:00 - 5:30 | GYM |
| JR Gladiators | Monday | 5:30 - 6:00 | GYM |
| JR Boys Hip Hop Crew | Monday | 6:00 - 6:30 | Room 4 |
| Tap | Monday | 7:00 - 7:30 | Room 2 |
| Ballet | Monday | 7:30 - 8:00 | Room 2 |
| Jazz | Tuesday | 5:00 - 5:30 | Room 2 |
| Triple Threat | Tuesday | 5:15 - 6:00 | Room 4 |
| Tap | Tuesday | 5:30 - 6:00 | Room 2 |
| Ballet | Tuesday | 6:00 - 6:30 | Room 2 |
| Contemporary/Lyrical | Tuesday | 6:30 - 7:00 | Room 2 |
| Hip Hop | Tuesday | 7:00 - 7:45 | Room 2 |

Triple Threat - singing, acting & dancing for ages 5 - 9 (45 min)

Junior Gladiators - Boys only Gymnastics and

Parkour program - Ages 6 - 9 (30 min) / must combine with JR Boys

Hip Hop Crew (30 min) and / or JR Boys Tumbling (30 min)

Tumbling / Gymnastics Levels Done by Evaluation

| | | | |
|------------------------|-----------|-------------|--------|
| JR Boys Hip Hop Crew | Wednesday | 5:00 - 5:30 | Room 4 |
| JR Gladiators | Wednesday | 5:30 - 6:00 | GYM |
| JR Boys Tumble | Wednesday | 6:00 - 6:30 | GYM |
| Ballet | Thursday | 5:15 - 6:00 | Room 3 |
| Tap | Thursday | 6:00 - 6:45 | Room 3 |
| Jazz | Thursday | 6:45 - 7:30 | Room 3 |
| Contemporary / Lyrical | Thursday | 7:00 - 7:30 | Room 1 |
| Hip Hop | Thursday | 7:30 - 8:15 | Room 3 |

SEE PAGE 10 FOR INFO ABOUT A NEW CLASS BEING OFFERED FOR STUDENTS AGES 7 - 9

See Pages 11 - 14 for descriptions of our TDR Gymnastics / Tumbling Levels and Gladiators Program!

Dance / Gladiator Classes for Students Ages 10 & Up (PreTeen / Teen)

PreTeen/Teen Ballet - Ages 10 & up (45 min)

PreTeen/Teen Jazz - Ages 10 & up (45 min)

PreTeen/Teen Tap - Ages 10 & up (45 min)

Pre Teen/Teen Hip Hop - Ages 10 & up (45 min)

Pre Teen/Teen Contemporary / Lyrical - Ages 10 & up (45 min)

Triple Threat - singing, acting & dancing - Ages 10 & up (45 min - 1hr)

| | | | |
|------------------------------------------|---------|-------------|--------|
| TN/SR Boys Tumble | Monday | 5:30 - 6:00 | GYM |
| TN/SR Gladiators | Monday | 6:00 - 6:30 | GYM |
| | | | |
| TN/SR Boys Hip Hop Crew | Monday | 6:30 - 7:00 | Room 4 |
| PreTeen/Teen Ballet | Monday | 7:00 - 7:45 | Room 3 |
| PreTeen/Teen Jazz | Monday | 7:45 - 8:30 | Room 3 |
| PreTeen/Teen Hip Hop | Monday | 8:30 - 9:15 | Room 3 |
| | | | |
| Triple Threat(Recital class - see below) | Tuesday | 6:00 - 6:45 | Room 4 |
| PreTeen/Teen Contemporary/Lyrical | Tuesday | 7:00 - 7:45 | Room 4 |
| PreTeen/Teen Tap | Tuesday | 7:45 - 8:30 | Room 4 |

Teen/SR Gladiators - Boys only Gymnastics & Parkour program - Ages 10 & up (30 min) / must combine with TN/SR Boys Hip Hop Crew (30 min) and / or TN/SR Boys Tumbling (30 min)

Tumbling / Gymnastics Levels Done by Evaluation

| | | | |
|----------------------------------------------|-----------|-------------|--------|
| Triple Threat(Competition class - see below) | Wednesday | 5:45 - 6:30 | Room 1 |
| | | | |
| TN/SR Boys Hip Hop Crew | Wednesday | 5:30 - 6:00 | Room 4 |
| TN/SR Gladiators | Wednesday | 6:00 - 6:30 | GYM |
| TN/SR Boys Tumble | Wednesday | 6:00 - 6:30 | GYM |
| PreTeen/Teen Hip Hop | Wednesday | 7:00 - 7:45 | Room 3 |
| PreTeen/Teen Jazz | Wednesday | 7:00 - 7:45 | Room 4 |
| PreTeen/Teen Contemporary/Lyrical | Wednesday | 7:45 - 8:30 | Room 3 |

****NOTE - The Wednesday 5:45 Triple Threat (10 & up) class will compete at 1 local competition. The Ticket to Broadway Competition will be May 1 - 3, 2026 (location TBD)**

Additional Competition Entry Fees will apply. This competition and Recital will be required for anyone signed up for the Wednesday 5:45 class.

If you are interested in taking Triple Threat (but not compete) - please sign up for the Tuesday class.

The Tuesday class will not compete but students will have the option of participating in the Recital

SEE PAGE 10 FOR INFO ABOUT NEW CLASSES BEING OFFERED FOR STUDENTS AGES 10 & UP

See Pages 11 - 14 for descriptions of our TDR Gymnastics / Tumbling Levels and Gladiators Program!



The Dance Refinery is proud to offer the opportunity to explore and experience the joy of movement with a supportive, creative community. Our Adaptive Dance Program provides students with disabilities an outlet to make friends, work on gross motor skills and have fun!. Our powerful exciting, and educational atmosphere is all under the guidance of a Board-Certified Dance / Movement Therapist. This program is offered to students middle school ages and up.

Dance Buddies Class will meet on Thursdays 5:00 - 5:45 p.m. in Room 4

This class is only offered during our Fall-Winter-Spring Session (August 18 - June 12) and is not offered in the Summer.

Dance Buddies participants are encouraged to participate (as a class) in our annual Recital in June



TO CELEBRATE OUR GOLDEN ANNIVERSARY WE ARE ADDING SOME NEW FUN CLASSES TO OUR SCHEDULE!



Wiggles & Giggles: 15 months - 3 Years (30 min.)

This exciting and fun-filled "Buddy and Me" music/movement class is a great way to explore creative activities and movement songs while enjoying time sharing memories & story time with your little one!



Wednesday: 5:00 - 5:30

Room 1

ADULT PARTICIPATION IS REQUIRED for this class

College / Pro Prep - must be in High School to participate (1 hour)

A dynamic prep class designed for high school dancers and older, aiming to elevate their skills to make their dream collegiate or professional dance team. Focus on essential combinations, techniques, and performing skills from professional alumni.

Tuesday 8:30 - 9:30

Room 1

SKILLS & DRILLS (45 min)

A training class focused on the essential skills & tricks needed for dance team success. Dancers will work on precision, synchronization, and new skills through targeted drills and across-the-floor progressions. This class emphasizes strength, flexibility, and clean execution to help dancers excel in auditions, performances, and competitions.

Age 7 - Middle School Age

Thursday: 7:00 - 7:45

Room 5

Middle School Age and Up

Tuesday: 7:15 - 8:00

Room 6

Our instructors have experience with both college and professional teams through the state.



TDR ALL BOYS GLADIATOR PROGRAM

An exciting boys' only program that fuses Gymnastics, Hip Hop and Parkour while focusing on strength, coordination, flexibility and total body conditioning. Students are required to take the Gladiator Class (the parkour class) which challenges the student's ability, endurance and stamina via running, jumping, climbing and other plyometric exercises.

MINI GLADIATORS (Ages 4 - 6) - 45 minutes

Monday 6:30 - 7:15

GYM



Wednesday 5:30 - 6:15

GYM

JUNIOR GLADIATORS (Ages 6 - 9)

If you sign up for JR Gladiators, you must also take a JR Boys Hip Hop OR a JR Boys Tumbling. **Spartan Discount Package is available if you take all 3!**
If you are not interested in taking the JR Gladiator class, and only wish to take JR Boys Hip Hop and / or JR Boys Tumbling - you can sign up for those classes individually.

JR Boys Tumble: Monday 5:00 - 5:30

GYM



JR Boys Hip Hop Crew: Wednesday 5:00 - 5:30

Room 4

JR Gladiators: Monday 5:30 - 6:00

GYM

JR Gladiators: Wednesday 5:30 - 6:00

GYM

JR Boys Hip Hop Crew: Monday 6:00 - 6:30

Room 4

JR Boys Tumble: Wednesday 6:00 - 6:30

GYM

TEEN / SR GLADIATORS (Ages 10 & Up)

If you sign up for TN/SR Gladiators, you must also take a TN/SR Boys Hip Hop OR a TN/SR Boys Tumbling. **Spartan Discount Package is available if you take all 3!**
If you are not interested in taking the Teen/SR Gladiator class, and only wish to take Teen/SR Boys Hip Hop and / or Teen/SR Boys Tumbling - you can sign up for those classes individually.

TN/SR Boys Tumble: Monday 5:30 - 6:00

GYM



TN/SR Boys Hip Hop Crew: Wednesday 5:30 - 6:00

Room 4

TN/SR Gladiators: Monday 6:00 - 6:30

GYM

TN/SR Gladiators: Wednesday 6:00 - 6:30

GYM

TN/SR Boys Hip Hop Crew: Monday 6:30 - 7:00

Room 4

TN/SR Boys Tumble: Wednesday 6:30 - 7:00

GYM

All Junior & Teen/SR Gladiator, Boys Tumble and Boys Hip Hop Crew Classes will be invited to participate in the Recital and will do one routine (all together) - look for Gladiator Recital Information in the Recital Participation Packet that will come out in November.

All Mini Gladiators students will also be encouraged to participate in the Recital in a separate number.

Special Gladiator Pricing Available

Mini Gladiators = one 45-minute class: \$64.00 per month

Junior and Teen / SR Gladiators = two 30-minute classes: \$68.00 per month

Junior and Teen / SR Gladiators - SPARTAN PACKAGE = three 30-minute classes: \$85.00 per month

ONLY Junior or Teen/SR Boys Tumble OR Junior or Teen/SR Boys Hip Hop = one 30-minute class: \$53.00 per month

ONLY Junior or Teen/SR Boys Tumble AND Junior or Teen/SR Boys Hip Hop = two 30-minute class: \$68.00 per month

See Pages 6 - 10 for more info about our TDR Dance Program & Pages 12 - 15 for more info about our TDR Gymnastics / Tumbling Program

TDR Gymnastics and Tumbling Levels

DOES MY CHILD NEED TO BE EVALUATED FOR A GYMNASTICS / TUMBLING CLASS?: Students Ages 4 (with no experience) and under - NO Evaluation is needed. Students Ages 4 (with experience) and students Ages 5 & up - An evaluation is required before registering.

WHEN CAN I BRING MY CHILD IN FOR AN EVALUATION?: Staff will be available during all registration hours. Starting August 18, evaluations are available Monday through Thursday 7:30 p.m. - 9:00 p.m. You do not need an appointment, however we ask that you come in during this time frame (check in at the desk and let them know you are here for a tumbling evaluation).

| If your child is interested in: | Being a Cheerleader | Artistic Gymnastics / competing on your High School or TDR Gymnastics Team | Being a member of a TDR Tumbling / Acro Performing Group |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| We suggest: | Taking a tumbling class (at your appropriate level) and combining it with a Tumble for Cheer class. TDR offers a cheer / tumbling package giving you two hour-long classes a discounted price | TDR offers tumbling packages giving you a discount price for taking more than one tumbling / gymnastics class (at your appropriate level) to increase your training time in all 4 events (vault, uneven bars, balance beam and floor) | Taking a tumbling class (at your appropriate level) and combining it with a ballet, jazz or contemporary / lyrical class (see pages 6-8 for more information about our dance class schedules) |

| Tumbling / Gymnastics Levels | CLASS LENGTH | REQUIREMENTS (student must be able to perform consistently without a spot) | FOCUS | EQUIPEMENT USE | SPECIAL INSTRUCTIONS |
|------------------------------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| TUMBLE BUDDIES | 30 min | 15mo/walking – 3 yrs; Active participation by parent/guardian is required in class. | Very basic / general gross motor skills in a creative and fun environment; Development: Social, cognitive & physical; This class requires adult participation to learn how to facilitate toddlers physical development through locomotor movement such as walking / running, balance, jumping, rolling and climbing. | Introduction to equipment: various types of mats, bars, beam, floor & trampoline/spring boards | You are welcome to bring siblings with you; however, they must remain in the viewing area and are not permitted on the gym floor. The only exception is babies being carried in baby carriers. |
| TUMBLE TOTS | 30 min | 3 – 5yrs; Little or no gymnastics experience. Must be able to pay attention without parental assistance | Loco-motor skills: running, hopping, jumping, skipping, galloping, turning/spinning. Balance/ Coordination/Flexibility. Body positioning: tight body stretch, straight/tuck/straddle; start/finish. Front & back rolls. Handstands & backbends. | Equipment use: vault, bars, beam, floor & trampolines | It may be recommended that a child continue with this class prior to moving to Kinder Tots in order to improve upon the child's exposure to class structure, instruction and listening/social skills. |
| KINDER TOTS | 45 min | 4 – 6yrs; Forward roll by self on level floor. Pay attention without parental assistance: be able to listen to/take instruction, taking turns, etc... | Loco-motor skills: running, hopping, jumping, skipping, chasse, turning/ spinning. Balance/Coordination/ Flexibility. Body positioning: tight body stretch, tuck/pike/straddle/split; start/finish. Backward rolls, handstands, backbends & cartwheels. | Equipment use: vault, bars, beam, floor & trampolines | Must have permission from an instructor/evaluator to register for this class. |

| Tumbling / Gymnastics Levels | CLASS LENGTH | REQUIREMENTS (student must be able to perform consistently without a spot) | FOCUS | EQUIPEMENT USE | SPECIAL INSTRUCTIONS |
|-----------------------------------------|-------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------------------------------|
| BEGINNER 1 | 1 hr | Age 6 & up; Little- no gymnastics experience | Basic Technique: tight body stretch, balance/coordination/flexibility, body positions, loco-motor skills, stick/lunge positions, etc...Forward/backward rolls, handstands, backbends & cartwheels. | Equipment use: vault, bars, beam, floor & trampolines | Must have permission from an instructor/evaluator to register for this class. |
| BEGINNER 2 | 1 hr | Age 6 & up; Able to perform: forward & backward roll on level ground by self, cartwheel, push up to backbend by self and hold for at least 5 seconds with head off floor | Basic Technique: tight body stretch, balance/coordination/flexibility, body positions, loco-motor skills, stick/lunge positions, etc...Holding a handstand, handstand fall into backbend; backbend – to and from a standing position; backbend kick over. One-arm cartwheels, running hurdle cartwheels & round-offs | Equipment use: vault, bars, beam, floor & trampolines | Must have permission from an instructor/evaluator to register for this class. |
| INTERMEDIATE GYMNASTICS | 90 min | Round-off, Front limber (handstand fall into a backbend and pull up to stand), Fall into backbend ing position, Backbend kick over, handstand | Front & Back walkovers; Back handsprings & Front handsprings; Round-off back handspring. Hip circles/pull overs on bars. Cartwheels, jumps/leaps on beam. Front handspring vaults. | Equipment use: vault, bars, beam, floor & trampolines | Must have permission from an instructor/evaluator to register for this class. |
| INTERMEDIATE TUMBLING | 1 hr | Round-off, Front limber (handstand fall into a backbend and pull up to stand), Fall into backbend ing position, Backbend kick over, handstand | Front & Back walkovers; Back handsprings & Front handsprings; Round-off back handspring; Front &/or side aerials | Equipment use: floor, trampolines/tumble track | Must have permission from an instructor/evaluator to register for this class. |
| ADVANCED TUMBLING | 1 hr | Front & back walkovers, Standing Back handspring, Round-off back handspring, Front &/or side aerial, Front handspring (optional) | Back handspring series; Front/back tucks; front/back tumbling: tucks and layouts; Front & side aerials | Equipment use: floor, trampolines/tumble track | Must have permission from an instructor/evaluator to register for this class. |
| ELITE / TWISTERS | 1 hr | Front & back walkovers, Side aerial, Front tuck / Front Aerial, Round-off back handspring back tuck and/or layout, Series of at least 5 back handsprings | Higher level tumbling (front/back) & twisting (when ready & appropriate) | Equipment use: floor, trampolines/tumble track | Must have permission from an instructor/evaluator to register for this class. |

| Tumble for Cheer Levels | CLASS LENGTH | REQUIREMENTS (student must be able to perform consistently without a spot) | FOCUS | EQUIPEMENT USE | SPECIAL INSTRUCTIONS |
|-------------------------------------------------|---------------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Beginner TUMBLE FOR CHEER | 1 hr | Must be at least 7 years old to register for this class. NO experience necessary. | Basic tumbling technique plus jumps and motions, focus on forward / backward rolls, handstands, backbends (front limber and kick over), cartwheels, and round offis. Basic drills for backhandsprings may be introduced. | Equipment use: floor, trampolines/tumble track | Must have permission from an instructor/evaluator to register for this class. Anyone who has been evaluated into Beginner 1 or Beginner 2 can take Beginner Tumble for Cheer without an additional evaluation |
| Intermediate / Advanced TUMBLE FOR CHEER | 1 hr | Must be at least 7 years old to register for this class. Previous experience is necessary. | Drills/techniques for back / front walkover, back handspring and round-off back handspring, Techniques of jumps and motions Advanced Students will also focus on back tumbling skills: tucks, pikes & layouts; Jump-tumbling combinations (ex: toe touch - back handspring); Standing tumbling combinations (ex: back handspring - back tuck) | Equipment use: floor, trampolines/tumble track | Must have permission from an instructor/evaluator to register for this class. Anyone who has been evaluated into Intermediate & up can take Intermediate / Advanced Tumble for Cheer without an additional evaluation |

COMPETITIVE GYMNASTICS AND TUMBLING PROGRAMS AVAILABLE AT THE DANCE REFINERY:

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| TDR GYMNASTICS - Artistic Gymnastics Team Levels 6-10 and Xcel Bronze - Diamond | If your child has progressed past the Beginning or Intermediate Gymnastics levels and is interested in competing all four of the Olympic events (vault, uneven bars, balance beam and floor exercise), please contact the front office for more information regarding our Competitive Artistic Gymnastics Team Program. |
| TUMBLING / ACRO PERFORMING GROUPS | Our award winning Acro Performing Group competes at dance competitions (same competitions our dance performing groups attend) and their routines combine tumbling / acrobatic skills with dance. If your child is at the Intermediate Tumbling Level and is interested in a competitive tumbling performing group, auditions are held during the Summer Session. Your child must be enrolled for summer lessons to be eligible to audition. Please leave your child's name, age, phone number and tumbling level in the TDR front office. |

TDR GYMNASTICS / TUMBLING / TUMBLE FOR CHEER SCHEDULE

TUMBLE BUDDIES - ages 15 mths - 3 years:

Tumble Buddies(ages 15 mths - 3 years): Tuesday *11:00 - 11:30

TUMBLE TOTS - ages 3 - 5:

Monday: 5:00 - 5:30
Monday: 6:00 - 6:30
Tuesday: *11:30 - 12:00
Tuesday: 6:30 - 7:00
Wednesday: 6:00 - 6:30
Thursday: 6:30 - 7:00
Saturday: 11:30 - 12:00

KINDER TOTS - evaluation needed:

Monday: 6:30 - 7:15
Tuesday : *12:00 - 12:45
Tuesday: 5:45 - 6:30
Wednesday: 6:30 - 7:15
Thursday: 5:15 - 6:00

BEGINNER 1 (also see Beg. 1/2) - evaluation needed:

Monday: 6:00 - 7:00
Tuesday: 5:00 - 6:00
Wednesday: 6:00 - 7:00
Thursday: 5:00 - 6:00

BEGINNER 2 (also see Beg. 1/2) - evaluation needed:

Monday: 5:00 - 6:00
Tuesday: 7:00 - 8:00
Wednesday: 5:00 - 6:00
Thursday: 6:00 - 7:00

*=Morning or afternoon class

BEGINNER 1/ 2 (anyone in Beg 1 OR Beg 2 can enroll in these classes)- evaluation needed:

Monday: 7:30 - 8:30
Tuesday: 6:00 - 7:00
Wednesday: 7:00 - 8:00
Thursday: 7:00 - 8:00
Saturday: 10:30 - 11:30
Saturday: 12:00 - 1:00

INTERMEDIATE / ADVANCED / ELITE / TWISTERS TUMBLING - evaluation needed:

Intermediate / Advanced: Monday 7:00 - 8:00
Intermediate / Advanced: Tuesday 5:00 - 6:00
Intermediate / Advanced: Wednesday 7:00 - 8:00
Intermediate / Advanced: Thursday 6:00 - 7:00
Advanced / Elite / Twisters: Tuesday 7:00 - 8:00
Advanced / Elite / Twisters: Wednesday 5:00 - 6:00
Advanced / Elite / Twisters: Thursday 7:00 - 8:00

INTERMEDIATE GYMNASTICS - evaluation needed:

Monday: 5:00 - 6:30
Tuesday: 7:30 - 9:00

BOYS ONLY TUMBLING

JR(ages 6 - 9): Monday 5:00 - 5:30
JR(ages 6 - 9): Wednesday 6:00 - 6:30
Teen/SR(ages 10 & up): Monday 5:30 -6:00
Teen/SR(ages 10 & up): Wednesday 6:30 - 7:00

TUMBLE FOR CHEER - evaluation needed:

Beginner Tumble for Cheer: Tuesday 6:00 - 7:00
Intermediate / Advanced Tumble for Cheer: Wednesday 7:30 - 8:30